















Please go to the website below for more information on Aomori.

APTI NET <a href="http://www.en-aomori.com">http://www.en-aomori.com</a>

https://www.facebook.com/hakkodajapan



Aomori Prefecture Sightseeing and Transportation Guide App Aomori Navi

How to download.

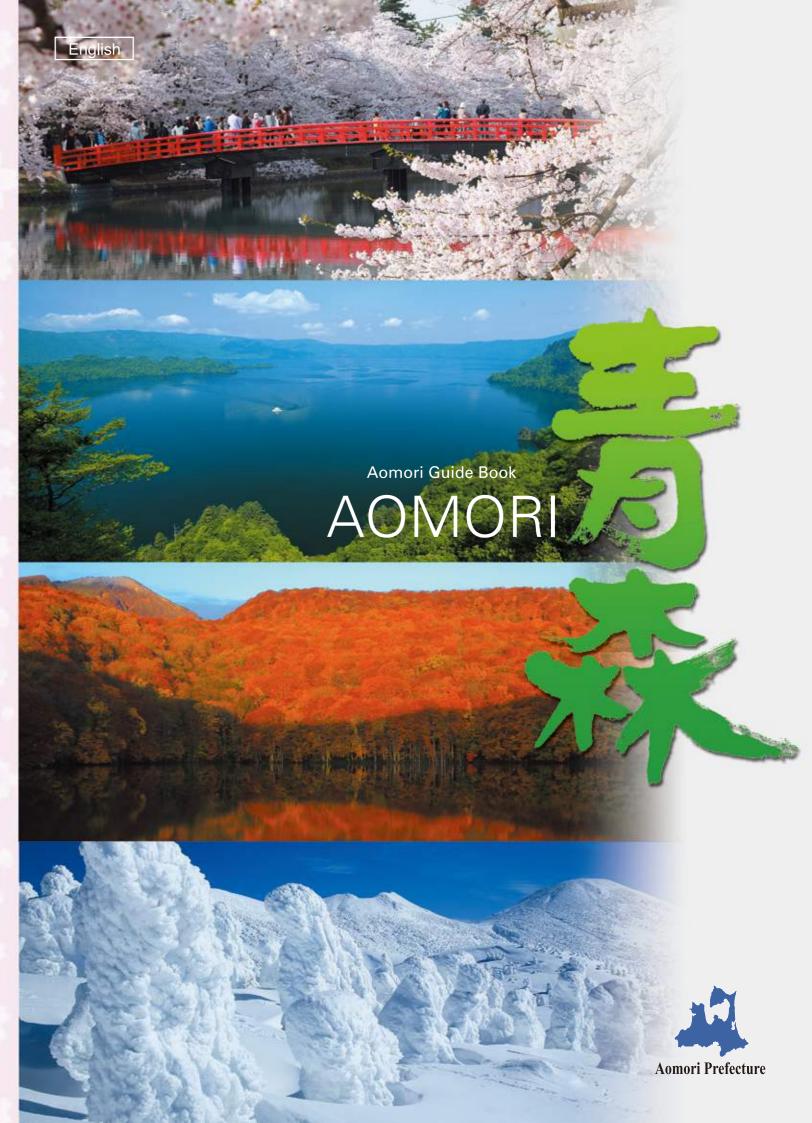
From App Store or Google Play

Aomori Navi

For iPhone QR code









### Location

Located to the east of the Asian Continent, Japan consists of four major islands (Hokkaido, Honshu, Shikoku and Kyushu), and small islands around them. Aomori prefecture is in the northernmost part of Honshu Island, at almost the same latitudeas New York, Beijing and Rome.

Aomori Prefecture fas four distinct beautiful seasons. Blessed with abundant nature, and uniquely enchanting.

Experience the wonder you can find only in Aomori.

### Area

Of the world's area of 135.641 million km², Japan's area accounts for 0.28%, approximately 377,000 km². Japan has the 60th largest area among 192 countries in the world, and its area is approximately one forty-fifth of Russia's area, and one twenty-fifth of Canada's area, China's area and the US's area respectively. Aomori Prefecture's area is  $9.644.55 \text{ km}^2$ , the eighth largest prefecture in Japan. Forestsaccount for almost 70% of the entire area of the prefecture.

### **Population**

As of October 1, 2015, Aomori Prefecture's population is 1,308,265 (according to the census). The prefecture has the 31st largest population among prefectures in the country, and the third largest population after Miyagi and Fukushima Prefectures among six prefectures in the Tohoku region.

### Climate

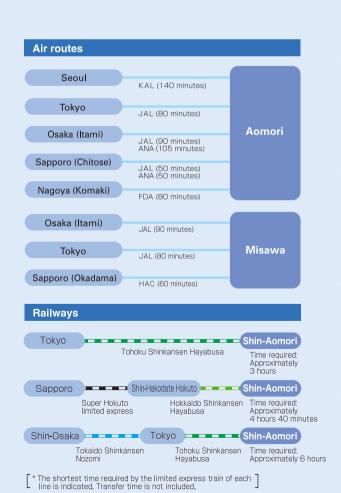
Aomori Prefecture has a cold climate. In winter, moist air hitting mountains bring snow, and in summer, areas along the Pacific Ocean sometimes have days of low-temperature because of easterly winds (called yamase). Aomori Prefecture is unique in that it has noticeable seasonal changes, and beautiful nature

### **■** Temperature

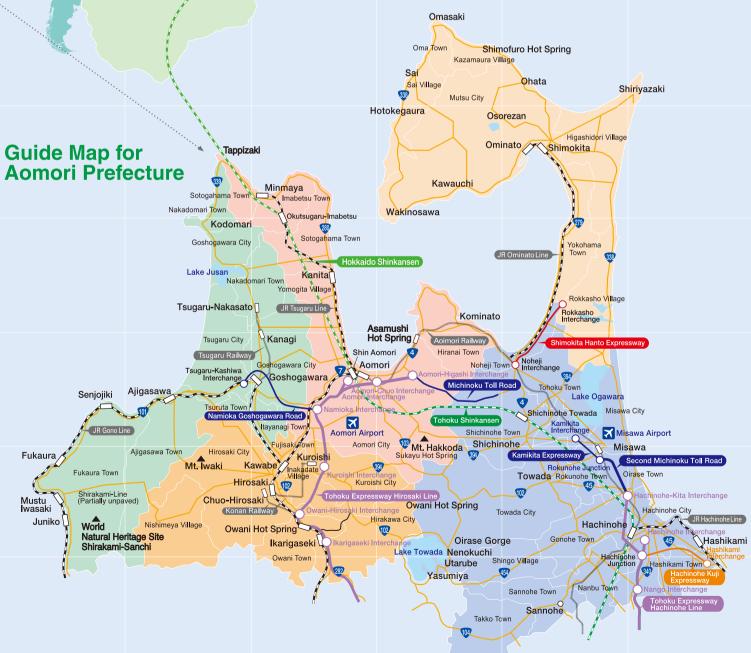
Average temperature: 11.0°C; highest temperature: 33.4°C; lowest temperature: -7.0°C (Aomori City in 2016)

### Amount of snowfall

Yearly snowfall: 556 cm; maximum snow depth: 107 cm (Aomori City in 2016)



Kagoshima Chuo



A B C D E F







The summer festivals and traditional performing arts typical of Japan have been handed down for

many decades to hundreds of years. Festival floats are adorned in vivid colors against the night sky and the sounds of music accompany the festivals. The passion of people who love their hometown is





has its origin in a song with dialogue between a man and a woman. performed during a Bon festival dance 500 years ago. Visitors can enjoy the Teodori dance accompanied by shamisen, drums, and songs, and a dramatic dancing parade with about 3.000 dancers. Period of the festival: From August 15 to 16 Approximately 5 minutes on foot Aomori Nebuta Festival

from the Konan Railway Kuroishi Station Festival Kuroishi Yosare

Nationally designated significant intangible folk cultural asset

Hirosaki Neputa

(Hirosaki City) MAP/C-5

A procession of approximately 80 small and large vivid-colored lantern floats featuring Sangokushi, Suikoden. and other legendary stories move through the city. Pictures of beautiful women, or ink paintings that adorn the back of the lantern floats give contrast. Period of the festival: From August 1 to 7 • August 1 to 4: Dotemachi course August 5 to 6: Ekimae course August 7: Dotemachi Nakabi course • Approximately 15 minutes on foot from the JR Hirosaki Station Tanabu Festival (Mutsu City) MAP/E-2 This is the largest festival in the Shimokita area and dates back more than 370 years. It is a Tanabu Shrine rite. It features a parade of five elaborately decorated Kyoto-style floats accompanied by dancers dancing the traditional Oshimako Nagashi Odori dance.

Period of the festival: From August

• Approximately 10 minutes by car from JR Shimokita Station

Kuroishi Yosare

'Dancing Parade'

Kuroishi Yosare is one of the three

major dancing parades in Japan, and it

(Kuroishi City) MAP/C-5

18 to 20.

**Festival** 

# Experiencing tradition cing Tsugaru Shamiser **Experience** Tsugaru Shamisen Tsugaru Shamisen Tourist Hall (Goshogawara City) MAP/C-4 The Tsugaru Shamisen Tourist Hall is a inique facility, as a home of the Tsugaru

Facilities where visitors can experience participating in the "festivals in Aomori" even during the off-season

### **Tsugaruhan Neputa-mura** (Hirosaki City)

Giant neputa floats and materials are displayed, and flutes and drums are played. Visitors can experience decorative painting on a neputa float in the shape of a goldfish. In addition, visitors can also enjoy producing traditional crafts, and shopping for local products in this facility for promoting local specialties for tourists Approximately 10 minutes by car from

### Nebuta no le Wa Rasse (Aomori City)

Four giant nebuta float figures from the Aomori Nebuta Festival are displayed, and their history and appeal are introduced. Visitors can enjoy everything

about nebuta throughout the year.

• Approximately 1 minute on foot from the JR Aomori Station

## high, are displayed on a permanent basis. Visitors can enjoy everything about the festival, including videos and a festival music practice venue, throughout the year. • Approximately 5 minutes on foot from the JR Goshogawara Station





(Goshogawara City) MAP/C-4 Floats from the nationally popular summer festival, including three giant Tachineputa standing over 23 meters

Tachineputa no Yakata

(Tachineputa Museum)



Aomori Nebuta Festival

(Aomori City) MAP/C-4

with Nebuta float figures, festival music, and dancers.

Period of the festival: From August 2 to 7 (August 1 is the pre-event)

Approximately 5 minutes on foot from the JR Aomori Station
Nebuta Creator: Hiroo Takenami

deeply fascinating.

Visitors to Aomori will be impressed by a cultural heritage enriched and enhanced by people in Aomori, and the heritage includes the Sannai Maruvama Site, which is one of

Japan's largest archeological sites from the early to the middle of the Jomon period, and buildings where visitors can get in

touch with the culture and history of Aomori.



### National historical relic site Korekawa Ruins (Hachinohe City) MAP/F-5

An archeological site from the Jomon period famous throughout the country, the Korekawa Ruins spread across the southeast area of Hachinohe City along the Niida River. Excavated artifacts are displayed at the Korekawa Archeological Institution and the Hachinohe City Museum. Along the opposite shore of the Niida River is the Kazahari site, where relics from the Jomon to Heian Periods (14000 B.C.-V1185 A.D.) have been unearthed. This figurine unearthed from the remains a pit dwelling is in a sitting position with its hands clasped in the front as if praying. It is called "Gassho Dogu," meaning "Praying Figurine." In July 2009, the Gassho Dogu was designated a national treasure and displayed at the Korekawa Archeological Institution.

Korekawa Archeological Institution

Hachinohe Station

Hachinohe City Museum

Inquiries | TEL: 0178-44-8111

National historical relic Site Kamegaoka Site (Tsugaru City) MAP/B-3

·用工品的利益期 a.s

Clay figurines and stone artifacts from the latter part of the Jomon Period, including a goggle-eyed clay figurine (designated a national important cultural property) have been discovered at Period feature red lacquered designs drawn on black lacquer characteristic of the as Kamegaoka culture.

• Approximately 20 minutes by car from the JR Kizukuri Station

• Approximately 20 minutes by car from the IR

[Inquiries] "TEL:0178-38-9511" TEL: 0178-38-9511

• Approximately 10 minutes by car from the JR Hachinohe Station

Nationally designated special historic site

This site is the remains of one of Japan's largest settlements in the Jomon period o approximately 4,000 to 5,500 years ago. A number of remains, including the remains of large pi

dwellings, and buildings with columns embedded in the ground have been discovered.

Approximately 10 minutes by car from the JR Shin-Aomori Station, and approximately 20

Immerse yourself in the nostalgic atmosphere. A number of Western-style buildings will give you a glimpse of architectural culture of some time ago.

National important cultural property

### Old Historic Aomori Bank (Hirosaki City) MAP/C-5

In 1904, this building was constructed as the main building of the National 59th Bank's head office. It is a two-story wooden building in a semi-European style Japanese dozo style, so one will sense a modern flavor

pproximately 10 minutes by car from the JR

National important cultural property

### Hirosaki Gakuin Missionary House (Hirosaki City) MAP/C-5

In 1906, the building was constructed for female missionaries who were sent to Hirosaki Gakuin, and in 1978, the building was relocated to the present location. The building exemplifies one of the Western-style buildings of the Meiji period.

• Approximately 10 minutes by car from the JR

## Former residence of foreign teachers in Touou (Hirosaki City) MAP/C-5

In 1901, this building was constructed as a residence of foreign missionaries who were invited by Touou Gijuku the first private school in the prefecture. The interior the building is still furnished as it used to be, so one can peek into the life of the missionaries at that time

### Fujita Family Mansion and Garden

Hirosaki City) MAP/C-5

The building was constructed as the second house of Mr. Kenichi Fujita, an industrialist, in Hirosaki City in 1919. In this building with the flavor of the Taisho period, there is a tearoom and a reference library concerning Mr. Kenichi Fujita. The residence offers a nice view toward the garden.

ximately 10 minutes by car from the JR

### Hirosaki Anglican Ascension Church (Hirosaki City) MAP/C-5











In pursuit of original works of unique artists from Aomori Prefecture, and to communicate the artistic culture of Aomori to the world. The museum actively develops various cultural and artistic activities. In addition to rooms for planned exhibitions, there are also rooms for permanent collection, a theater, a workshop, a community gallery, a restaurant, and a

• Approximately 10 minutes by car from the JR Shin-Aomori Station, Approximately 20 minutes by car from Aomori Airport

### [Overview of permanent exhibitions]

Permanent exhibitions feature artists from Aomori, such as Shiko Munakata, Yoshitomo Nara and Toru Narita.

Floor	Names of the permanent exhibition rooms	Major artists
B2F	Aleko Hall, etc.	Chagall: "Aleko" 3 stage installation Yoshitomo Nara: works including "Aomori Dog" Shuji Terayama: Recreation of Tenjo Sajiki (actor group) stage, posters, etc.
B1F	Shiko Munakata Exhibition Room	Shiko Munakata: woodblock prints, oil paintings

Museum closed on the second and fourth Monday every month, and December 29 to 31

(Closing days during planned exhibitions may change.) Admission fees for viewing permanent collection: 510 yen for adults, 300 yen for college and high school students,

100 yen for elementary and junior high school students (Entrance fee is free for school activities)

\* Separate fee for planned exhibitions.

Aomori Museum of Art

185 Aza Chikano, Yasuta, Aomori City 038-0021; TEL: 017-783-3000

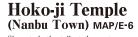
# Visitors can experience people's way of life and the profound history rooted in this community.



Osamu Dazai Museum

### Shayo-kan (Goshogawara City) MAP/C-4

This building was restored to its state at the time it was occupied by Osamu Dazai, the most prominent writer from Aomori. In the warehouse, there is an exhibition room displaying manuscripts written by Osamu Dazai, and his favorite cloak. Approximately 10 minutes on foot from the Tsugaru Railway



Shoyoto is the tallest three-story pagoda in Japan, and it houses the oldest Buddha's ashes in Japan. There is also Senbonmatsu (one thousand pines), which is a prefectural protected species, and 1000 year-old Jiisugi (Japanese cedar). Visitors can also experience Zen itting meditation

• Approximately 20 minutes by car from the Aoimori Railway

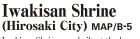


National important cultural property

### Five-story pagoda in Saisho-in Temple (Hirosaki City) MAP/C-5

The five-story pagoda was built in 1667 in order to hold a service for the war deaths of friends and enemies alike at the time of mifying Tsugaru. This five-story pagoda of 31.2 meters in height exhibits a beautiful contrast of copper-red walls and white stucco. It is the northernmost pagoda in Japan designated as an important

• Approximately 10 minutes by car from the JR Hirosaki Station



Iwakisan Shrine was built at the base of Mt. Iwaki, known as the Tsugaru Fuji, more than 1,200 years ago. A two-story giant gate of 22 meters in hight, an inner gate, the hall of worship, and the main shrine were designated as important cultural properties. The main building with richly colored, elaborately carved sculpture is quite impressive

• Approximately 40 minutes by car from the JR Hirosaki Station



## **Winter in Aomori**

## Snowy World. Enjoy the winter of beautiful Aomori

Aomori's number of ski trails have been highly regarded by foreign tourists because the ski trails offer good powder snow so they can enjoy dynamic skiing in the middle of the vast wilderness, and visitors can thoroughly enjoy different winter sports such as snow trekking through the vast nature of Aomori.

# Hakkoda Ropeway (Aomori City) MAP/D-4





## (Goshogawara City) MAP/C-4

An atmospheric coal potbelly stove is placed (Goshogawara City) MAP/C-4 in this train which has a nostalgic atmosphere with wooden window frames and floors. The Stove Train has been operating since 1940 from December to March.

The Stove Train leaves from the Tsugaru Railway Tsugaru-Goshogawara Station.



### Tsugaru Railway Stove Train Experience the drifting snow of snow country

This area is known for snow blowing "from beneath" to the degree one can hardly open his or her eyes because of snow blowing upward by strong wind. This is a unique winter event to walk in a blizzard in unique and traditional attire

• Approximately 20 minutes by car from the IR Goshogawara Station



## (Aomori City) MAP/D-5

Participants walk through an 8-kilometer road flanked with snow nine meters in height. This special event is held for only two to three days before the opening of National Highway Route 103, the Hakkoda-Towada Gold Line, which is closed in the winter.

• Approximately 1 hour by car from the JR Aomori Station



### Walk through Hakkoda Snow Monsters in Hakkoda (Aomori City) MAP/D-4

Weather-beaten trees in Hakkoda transform into monstrous but beautiful and magnificent snow monsters. There is a tour to walk through these trees and enjoy taking a hot spring bath.

• Approximately 1 hour by car from the JR



## (Nishimeya Village) MAP/B-5



## Mt. Iwaki Snow Shoe

(Hirosaki City) MAP/B-5

Trekking

Trekking the foot of the snow-covered Mt. Iwaki in the clear air wearing snow shoes. You may be lucky enough to find the footprints of animals.

(Aomori City) MAP/D-4

Hakkoda Snow Hiking





### Oirase and Tsuta-no-mori **Snow Rambling** (Towada City) MAP/D-5

You can take a trekking tour in snow shoes through
"Tsuta-no-mori" forest in Minami-Hakkoda taking in the



### **Asamushi Hot Spring Snow** Hiking

(Aomori City) MAP/D-4

Trekking in snow shoes to a view point with a panorar view of Mutsu Bay and Asamushi hot spring. Look for

### Ski Resorts and Ice-Skating **Rinks in Aomori**

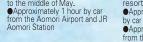


## Moya Hills Ski Resort Hakkoda Ski Resort



(Aomori City) MAP/D-4 (Aomori City) MAP/D-4 his is a frequented ski resort located This ski resort offers long dynar Inis sa requerted ski resort located in the suburbs of Aomori City. The ski resort offers various slopes for the enjoyment of skiing according to the levels of skiers. At night, the ski resort offers a panoramic night view of Aomori City.

tely 30 minutes by Approximately 1 hour by car from the Aomori Airport and JR





Ints ski resort offers natural powder snow and allong slope running toward the ocean. Moreover, skiers can also enjoy and the like in the 2003 Winter Moreover, skiers can also enjoy a spring resort, the ski resort is one of the best ski resort is one of the best ski resort is not the largest ski resort in the Tohoku area.

Ints ski resort offers a variety in list ski resort is most slopes for high- and moderate-speed skiing, from moderate-speed skiing, from straining the like in the 2003 Winter moderate-speed skiing, from moderate-speed skiing, from some Located in a hot spring beth. The ski resort is most suitable for beginners and families. The resort is located namelies. The resort is located namelies to slopes for families to slopes through forests. Skiers can constitute the straining alpine impring and suitable for beginners and families. The resort is located families. The resort is loca

- resorts in the Tohoku area.

   Approximately 1 hour 10 minutes by car from Aomori Airport

   Approximately 30 minutes by car from the JR Ajigasawa Station

  The largest RifeSort in the pest six processors in the Tohoku area.

   Approximately 1 hour 10 minutes by car from Aomori Airport

   Approximately 10 minutes by car from Aomori Airport

   Approximately 10 minutes by car from Minutes by car from the JR Owani-Onsen Station

   Approximately 10 minutes by car from Minutes by car from Misawa Airport

   Approximately 10 minutes by car from Momori Railway Noheji Station

   Approximately 1 hour by car from Misawa Airport

   Approximately 1 hour by car from Misawa Ai





# Aomori Spring Ski Resort (Ajigasawa Town) MAP/B-4 (Owani Town) MAP/C-5 This ski resort offers a natural This ski resort was used a natural This ski resort offers a natural This ski resort was used a natural This ski resort offers a natural This ski resort was used a natural This ski resort offers a natural

### The Hirosaki Castle Snow Lantern Festival (Hirosaki City)



## **Hachinohe Enburi Festival** (Hachinohe City)



### Lake Towada Winter Stories Festival MAP/F-5 (Towada City and Lake Towada) MAP/D-6

# **Hot Springs in Aomori**

## **Enjoy Hot Springs** in the Middle of Nature

Aomori is known as one of the most prominent hot spring resorts in Japan. There are many atmospheric hot-spring inns unique to Japan all ready to heal guests' hearts.







The inn has long been loved and its secluded atmosphere

still remains now. A bathhouse made of hiba was constructed right above the source of a spring, so hot spring water comes out directly from the source.

• Approximately 1 hour 30 minutes by car from the JR

Tsuta Hot spring (Towada City) MAP/D-5

### Tsugaru Minamida Hot spring **Hotel Apple Land** (Hirakawa City) MAP/C 5

Minamida hot spring is called a beauty hot spring that is said to smooth the skin. The Hinoki baths that guests can reserve exclusive use for a relaxing experience, and the famous "open bath with apples floating" are well received by

• Approximately 10 minutes on foot from the Konan Railway Hiraka Station Hiraka Station



### Ajigasawa Hot spring **Grand Mer Sankaiso** (Ajigasawa Town) MAP/B-4

A hotel with an impressive classical interior Japan from the window, and also a magnificent view from the large bath, and outdoor hot

• Approximately 15 minutes on foot from the JR



### Asamushi Hot Springs (Aomori City) MAP/D-4

Known as a prime location in Aomori to relax and Rhown as a prime location in Aomori to relax and escape from the hustle and bustle travelers will find resort-like hotels and hot spring resorts reminiscent of the good old days. A live Tsugaru shamisen performance is presented every day free of charge. Free footbaths are available in front of the station and in the park.

Approximately 1 minute on foot from the JR Aoimori Railway Asamushi-Onsen Station



### Yagen/Oku-Yagen Hot spring resort (Mutsu City) MAP/D-1

A quiet hot spring village in a mountainous area. Yagen hot spring was named after "yagen," an instrument to grind herbal medicines used for traditional Chinese medicine, because the source of the hot spring resembled yagen. Oku-Yagen hot spring, which is famous for the legendary kappa, is

located in the upstream about two kilometers above. ●Approximately 1 hour by car from the JR Shimokita Station

**Golf Courses in** 

Aomori

**Prefecture** 

## Aomori Country Club

Aomori Country Club offers hilly golf courses. There are gentle undulations
throughout the courses. There is a gently sloped course and a course where gol-

fers can enjoy seasonal landscapes.

Approximately 25 minutes by car from

### **Touou Country Club**

Touou Country Club offers hilly golf courses. The courses vary widely, so golfers can enjoy playing golf strategically. Gol-fers can also enjoy a view of Mutsu Bay

beyond lush woods.

• Approximately 15 minutes by car from the Aoimori Railway Asamushi-Onsen Station

Aomori Royal Golf Club Aomori Royal Golf Club offers hilly golf courses. Though the golf courses are situated on the top of a hill, the golf courses are gently undulated. However, the courses are ingeniously laid out with ponds, bunkers, and

•Approximately 50 minutes by car from

Aomori Airport

Approximately 15 minutes by car from the JR Owani Onsen Station



### Komaki Hot spring Hoshino Resorts Aomoriya (Misawa City) MAP/E-5

A hot spring covering a vast area of approximately 730,000 square meters. Soak in the outdoor hot spring. Aomori Nebuta Festival floats are displayed in the building.

Natsudomari Golf Links MAP/D-3

Natsudomari Golf Links offers hilly golf courses. The whole courses are gently undulated, and creeks and ponds are effectively laid out. The courses require skilled techniques and strategies of gol-

●Approximately 30 minutes by car from the Aoimori Railway Asamushi-Onsen

Shimokita Three Hundred Golf Club MAP/E-3

Shimokita Three Hundred Golf Club offers hilly golf courses. The course features

e up and down slopes on which

gofers can enjoy beautiful scenery that changes with the four seasons.

• Approximately 30 minutes by car from the JR Noheji Station

• Approximately 10 minutes on foot from the Aoimori Railway Misawa Station



### Aoni Hot Springs (Kuroishi City) MAP/C-5

Tsugaru Country Club

Hyakuzawa Course) MAP/B-5

ugaru Country Club offers hilly golf cou s. Located in a hilly area with a view of

Mt. Iwaki, the golf courses are laid out so golfers can enjoy shooting long shots. The courses are long enough to reach respec-

Approximately 30 minutes by car from the JR Hirosaki Station

Tsugaru Country Club offers hilly golf courses. Located at the base of Mt. Iwa-ki, the whole courses are somewhat short but they vary widely. The courses are de-

signed for beginners to experienced players to enjoy playing golf.

• Approximately 40 minutes by car from

the JR Hirosaki Station

Tsugaru Country Club (Dake Course) MAP/B-5

A secluded hot spring at Hakkoda ravine, where the only light is from lamps. The open air bath along the mountain stream. and the hiba wood bath create a rustic hot spring atmosphere. • Approximately 40 minutes by car from the Konan Railway

### Sukayu Hot Springs (Aomori City) MAP/D-5

Designated in 1954 as the first hot spring in Japan with healing properties, Sukayu onsen is the oldest hot spring in Aomori. Its large bathhouse for mixed bathing called Senninburo (meaning a bath for 1,000 persons) is well known. There is time set aside exclusively for woman bathers, as well as smaller separate baths for men and women that feature the

same hot spring quality.

Approximately 1 hour by car from the JR Aomori Station

## Tsugaru Kogen Golf Course

Tsugaru Kogen Golf Course offers hilly golf courses. The courses are laid on a gently undulated plateau, and each hole s separated with natural forests. The 1th shot hole over a pond has been

uch talked about among golf players Approximately 35 minutes by car from

### Aomori Spring Golf Club

Located at the base of Mt. Iwaki, Aomor Spring Golf Club has golf courses laid on the natural topography. The golf courses with 36 holes were designed strategically

by Arnold Palmer.

• the JR Hirosaki Station

### Hachinohe Golf Club MAP/F-5

Hachinohe Golf Club offers river terrace golf courses. With a history of more tha 30 years, the golf club offers flat golf

lyze winds blowing over the river basin.

• Approximately 5 minutes by car from

### Hachinohe Country Club

Hachinohe Country Club offers hilly golf courses. Bunkers are laid out effectively and the layout of holes over ponds and trees requires high techniques.

• Approximately 30 minutes by car from the JR Hon-Hachinohe Station

## Hakkoda View Country Club

MAP/D-5 Hakkoda View Country Club offers hilly golf courses with a total of 27 holes. With a magnificent view of Mt. Hakkoda, side bunkers are effectively placed and

the holes are strategically laid out.

Approximately 1 hour 10 minutes by car from the JR Aomori Station

## Biwanodai Golf Club

Owani Hot springs

The history of the hot spring goes back some 800

years. Along the clear stream of the Hira River stand hot spa inns and public bathhouses with the atmosphere of the past. People have been

enjoying the Owani hot springs since olden times, as an "Okuzashiki" (an elegant place where guests

• Approximately 5 minutes on foot from the JR

(Owani Town) MAP/C-5

Biwanodai Golf Club offers hilly golf courses. Located at a plateau with a commanding view, golf players will be able to enjoy playing ses in the middle of the wildness overlooking Mt. Hakkoda.

## Michinoku Kokusai Golf Club

Michinoku Kokusai Golf Club offers

nandicap players can enjoy playing golf. Approximately 25 minutes by car from the Aoimori Railway Misawa Station

### MAP/E-5

genuine forest golf courses overwhelmed by lush forests. Beginners to low

enough, golf players will be able to enjoy hit-ting spectacular shots.

Approximately 10 minutes by car from the Aoimori Railway Misawa Station

Approximately 25 minutes by car from the JR Owani Onsen Station

## Towada International Country Club

Towada International Country Club offers forest golf courses and hilly golf courses. There are few trees, and each hole is placed in an almost flat area. Because fairways are wide



The three major agricultural products with the largest harvests In Japan

### Aomori Apples

The Aomori apple harvest accounts for more than 50% of all the apples harvested in Japan. There are many different kinds of apples harvested, including Tsugaru, Sekaiichi and Fuji,



### Garlic



### Burdock

Aomori produces large harvests. Aomori's burdock has outstanding aroma and flavor, and is known for its crunchy texture. Cool weather during summer allows farmers to reduce





### Hirosaki Central Food Market (Hirosaki City) MAP/C-5 The market features the freshest seafood and just-made hot food. The famous candied

sweet potatoes are sold from autumn to spring.

• Approximately 5 minutes by car from the JR Hirosaki Station

## Furukawa Market "Nokkedon'

(Aomori City) MAP/C-4

Furukawa Market is a treasure chest of the seasonal ingredients that opened around 1965. The market has the atmosphere of the Showa era (1926, V1989). The ever popular Nokkedon is a DIY dish: First, buy a set of coupons and swap one for a bowl of rice, then go

around the market and choose your favorite toppings.

Location: Aomori Fresh Fish and Vegetable Center, 1-11-16 Furukawa (Use the parking lots nearby. Charged)

Nokkedon Time: 7:00 a.m.-V5:00 p.m.

You can exchange your coupons at stalls with a flag. Business hours vary by shop.

■ Closed: Aomori Fresh Fish and Vegetable Center: Tuesdays • Approximately 5 minutes on foot from the JR Aomori Station



### How about some souvenirs from Aomori. Japan?

Various craft products unique to Aomori, created through the wisdom of our ancestors and traditional techniques handed down through generations



### Koginsashi Embroidery

Koginsashi embroidery originated about 240 years ago. Poor farmers at the time developed a technique to use hemp, which was not durable and had a poor heat-retaining property. as clothing that was durable and warm. The technique has been passed down and mastered through the generations.



### Tsugaru Lacquerware

Tsugaru Lacquerware was first cre- High quality local clay is used for was designated as a national traditional craft. Four traditional techniques haven been handed down to the present day. Hiba arborvitae is used as a raw material, and it goes glaze. through about 50 processes to be completed as lacquer ware.



### Tsugaru Kanayamayaki

Kanayama-Yaki, which is ceramic ware with a rustic texture, to bake and vitrify at a hight temperature of 1,360 degrees with the use of only Japanese red pine firewood without



### Cypress Woodwork

Made with wood from Aomori's natural cypress forest, known as one of the three most beautiful woods in Japan. Hiba cypress is moisture-resistant and aromatic. and has elaborate and beautiful grains, so it is widely used for furniture, doors, doorframes, interior finishing materials, and woodwork.



### Nuruyu Kokeshi Dolls

Tsugaru Kokeshi dolls, the products of snowy Tsugaru, are characterized by their plump breasts and figures that spread out towards the bottom. Their artistic beauty is highly



### Yawatauma

Local cuisine made using high-qualit

water and seasonal crops.

developed from

everyday wisdom.

A toy that has been handed down in the Nanbu area for generations. The festive decoration is said to represent the garment put on horses when carrying a bride to the groom's



### Nanbu Sakiori

Nanbu sakiori is weaved using cotton thread for the warp and old cloth torn to small pieces for the made into vidro by free-blowing weft, a tradition borne of the need to make the utmost of valuable clothes. They were made by women between the agricultural



Glass melted at the high

### 2 Kaiyaki Miso

3 Scallop Sashimi

### 4 Squid Sashimi

### 5 Oma Tuna Sashimi Rice Bowl

### 6 Nakadomari Rockfish Meal

Nakadomari raw and boiled rockfish tray)

### 8 Rice Cracker Soup

### 9 Codfish Jappajiru

### 10 Aomori Shamrock Chicken

### 14 Local Sake

### 16 Aomori Ginger Miso Oden

### 19 Kenoshiru

### 20 Hiranai Fresh Scallop Course

## **Aomori City**



### **ASPAM** (Aomori Prefectural Center for Tourism and Industry)

There is an observation deck to enjoy a view not only of the city but also of the Shimokita, Tsugaru, and Natsudomari Peninsulas, Mutsu Bay and the Hakkoda mountains, A 360-degree multiscreen panoramic projection that gives a realistic sensation, and a corner to promote local produce. Live Tsugaru shamisen performances are also presented free of charge. Approximately 7 minutes on foot from the JR Aomori Station.



### Nebuta Museum WA RASSE

The museum exhibits the history and four fullsized floats from the Aomori Nebuta Festival. A dreamy space where visitors can experience festival throughout the year.

Approximately 1 minute on foot from the JR Aomori Station



### Seikan Memorial Ferry Hakkodamaru

ces the history of the Seikan ferry, which ended its service in 1988. Visitors to the ship can take a look at its engine room and gangplank used during its service years. The illuminated ship accentuates the waterfront at night.

Approximately 5 minutes on foot from JR



### Showa Daibutsu (Great Buddha Statue) in Seiryuji Temple

In the Seirvuii Temple lies Japan's largest bronze seated statue of Buddha called the Showa Daibutsu. On the premises, there is a five-story 39-meter high pagoda that is Japan's fourth highest five-story pagoda and made completely of hiba cypress. There is also a main hall and a vermilion-lacquered Daishido hall.

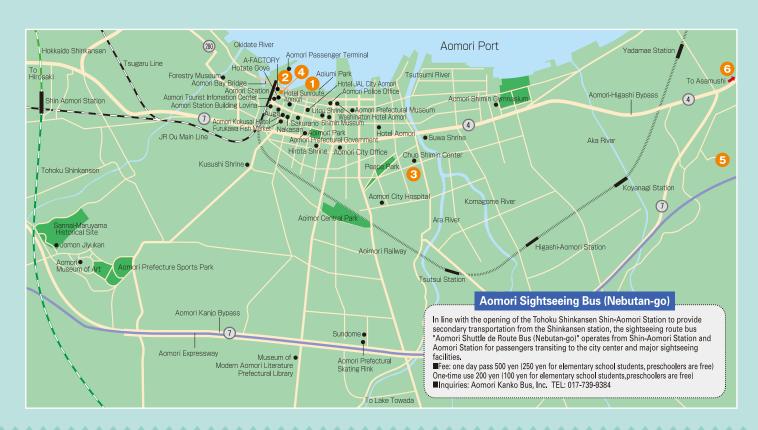
 Approximately 30 minutes by car from the JR Aomori Station



### Aquarium Asamushi

A large number of rare aquatic animals from Aomori Prefecture and the whole world are on display. A 15-meter long walk-through tunnel, penguin, sea lion and seal feeding, and dolphin shows are popular among visitors.

Approximately 15 minutes on foot from the Aoimori Railway Asamushi-Onsen Station



## **Hirosaki City**



### Hirosaki Park (Hirosaki Castle) \*

rosaki Park houses the tower, turrets, and gates of the castle of the lords of the Tsugaru Clan, which unified the Tsugaru area in Aomori Prefecture, so visitors can visit the places they lived in. Hirosaki Park is nationally known as one of the best cherry blossom viewing spots in the

• Approximately 10 minutes by car from the JR Hirosaki Station



### Samurai and Merchant Residences

A group of traditional buildings including old samurai residences And merchants residents from the feudal age are preserved. Hedges of cherry trees, and board fences preserve a characteristic landscape. With sake breweries and warehouses still lined up along the street, visitors can enjoy the atmosphere of the

Approximately 15 minutes by car from the JR



## Zenringai with 33 temples, including historic site Chosho-ji Temple

As a counterbalance to Hirosaki Castle, 33 Zen temples were constructed in Zenringai. One of these is the Chosho-ii Temple, the Tsugaru family temple, which is designated as a national historic

• Approximately 30 minutes by car from the JR



### Hirosaki Apple Park

Located in the production center of apples in Hirosaki, the park provides a place for relaxation. In the site of about 40,000m, there are 1,000 apple trees of about 60 kinds, so visitors can experience and leam various things aboutapples.

Approximately 20 minutes by car from the JR Hirosaki Station



■Inquiries: Tsugaru Free Pass Management Council TEL: 0172-40-7017

\* Hirosaki Castle tower has been moved to facilitate repairs on the surrounding stone walls. It is scheduled to be returned to its original position in 2021.

### Hachinohe Port . Aoimori Railway Ito-Yokado A one-day pass for unlimited use of JR trains and regular route buses (city-operated and Nanbu buses) in Hachinohe. Anyone can use the card for leisure or business. There is also discount service available at participating stores in the city. Make full use of the card to enjoy more of the city. ■Price: 700 ven for adults, 350 ven for children (\* Child rate is for elementary school-aged children.) vailable transportation services: Between Hachinohe Station and Tanesashi Kaigan Station on JR Hachinohe Line. Hachinohe city-operated buses, Nanbu buses (with the exception of a part of Nango). anesashi Kaigan Yuran "Umineko-go" buses, Sunday Morning Market "Isaba-go" buses, Ruruppu Hachinohe, "Hasshoku 100-yen buses" connecting Hasshoku Center and Hachinohe Station, "Hassoku 200-yen or less buses" connecting Hasshoku Center and Hachinohe City center. Inquiries: Hachinohe Card Management Committee (in Tourism Division, Hachinohe City Office) 340 To Kushihiki Hachimangu Shrine 🧹 To Korekawa Site J 4

Hachinohe City

### Nejo-no-Hiroba (Nejo Castle Historic Site)

This is the archaeological site of the Nejo Castle, which is said to have been built by Morovuki Nanhu in 1334 in the keep of the castle, a stable, a workshop, a foundry, a warehouse, and a shed were restored around the keepers' quarters.

 Approximately 10 minutes by car from the JR Hachinohe Station



### 3 Kabushima Island

This island with its breeding ground of black tailed gulls is designated as a natural treasure. In May, yellow turnip flowers bloom and create a beautiful landscape in contrast with about 30,000 white gulls with black tails.

 Approximately 15 minutes on foot from the JR Same Station



### Hachinohe Portal Museum "Hacchi"

The museum houses exhibition booths introducing industries, food, festivals, history, culture, as well as a morning market and back streets. There is also space for creative activities. Visitors can enjoy the attractive aspects of Hachinohe throughout the year Approximately 11 minutes on foot from the



### 4 Korekawa Site

This archeological site of the Jomon period in the Korekawa district is generally called the Korekawa Site. Of excavated items, including earthenware stoneware, baskets, lacquer ware, and wood products, 933 items are stored and displayed as important national properties in Korekawa

 Approximately 20 minutes by bus from JR Hon-Hachinohe Station



# **Tourist Information Center**

- Provision of information on traveling at the counter for foreign travelers
- Provision of sightseeing brochures and maps in foreign languages (free of charge)
- Provision of information on sightseeing by phone or in writing in response to inquiries from foreign travelers

### JNTO TIC

Shin-Tokyo Bldg. 1F, 3-3-1 Marunouchi, Chiyoda-ku, Tokyo 100-0005

TEL: +80-3-3201-3331 (03-3201-3331 in Japan)

Narita International Airport Information Center (2nd terminal)	
Narita International Airport Information Center (1st terminal)	0476-30-3383
Kansai Tourist Information Center	072-456-6160



## **I** Tourist Information

Tourist information center for foreigners traveling in Aomori Prefecture

Aomori City Tourist Information Center	017-723-4670
Aomori Airport Tourist Information Center	017-739-2007
Aomori Tourist Information Center	017-752-6311
Hirosaki City Tourist Information Center	0172-26-3600
Hirosaki City Tourist Center	0172-37-5501
Hachinohe Tourist Center	0178-27-4243
Roadside Station Shichinohe	0176-62-5777
Towadako Tourist Information Center	0176-75-2425
Misawa Airport Tourist Information Center	0176-53-7500

## **Questions and answers about** problems you may encounter

### Q: What should I do if I lose my passport?

A: Report to the police promptly, and at the same time, apply for the reissue of a new passport to the Japanese Embassy or Consulate.

### The following are necessary for the reissue of a new passport:

Photo, certificate of lost passport (to be issued by the police), passport number,

### -----\*\* What should I do if get ill unexpectedly, or injured?

A: First, you should calm down, and explain your condition to persons nearby, or call 119 when you need an ambulance.

\* By calling 119, you will be connected to a fire department headquarters having jurisdiction, or the nearest fire department. Explain calmly whether vou have encountered an accident, or you or somebody else has been suddenly taken ill. Tell your address, landmarks to reach there, the conditions of patients, their genders, and whether they have personal physi-

### What should I do if I encounter a crime or an accident?

A: Call 110 immediately.

Upon dialing 110 anywhere in Aomori Prefecture, you will be connected to the police headquarters in Aomori City.

(If you call 110 by cellular phone and the like in an area near the prefectural border, you may be connected to a police dispatcher.)

### Considerations when calling 110

By calling 110, you will be connected to a policeman or policewoman who will ask you some questions in the order of greater importance, so you should calm down and reply accurately and loudly.

### When you go to a clinic or hospital:

★ If you do not understand Japanese, take somebody with you who can speak Japanese whenever possible. It is advisable to contact in advance because, even in a hospital with foreign-language-speaking doctors, they may be off-duty, or receptionists may not be able to speak foreign languages.

★ There is a medical insurance system to alleviate patients1 burdens to pay medical expenses in case one gets ill or injured. You should take the medical insurance as early as

★ In case your daily life or medical treatment is limited for religious or other reasons, please explain to your doctor when you see him or her.

### The following are necessary when receiving medical care:

(1) Insurance card, (2) cash (only cash accepted to pay for medical care), (3) passport, and (4) memo on your address, phone number, etc.

It is recommended that you bring a card that describes your address, phone number, and the like so that unnecessary difficulties will be eliminated at the time of reception. It is also recommended that you bring a memo on your prominent symptoms so that it will help your doctor give a diagnosis, and help your doctor's fee to be decided at the counter.

Hospitals with foreign-language-speaking doctors in Aomori Prefecture Aomori International Exchange Association

http://www.kokusai-koryu.jp/foreigners/living-information/topics/post-1.html

### When making a phone call to Japan directly from overseas:

[Example: When making a phone call to Japan at 017-123-4567]

81 (Japan's country number) -17 (area code without zero) -1234567 (the other party's phone number) 017 (area code) -1234567 (the other party's phone number)

### When making a phone call in Japan:

[Example: When making a phone call at 017-123-4567 in Japan]

### **Aomori Prefecture Tourism Federation** Inquiries **Aomori Prefecture Tourist Center (ASPM)**

8F, 1-1-40 Yasukata, Aomori-shi 030-0803 Tel: 017-722-5080

### **Aomori Prefecture Tokyo Office Tourist Information Center**

Aomoriken Kaikan 1 Fl, 2-3-11 Fujimi, Chiyoda-ku, Tokyo 102-0071 Tel: 03-5276-1788

### Aomori Prefecture Tourists Attraction and Exchange Div.

1-1-1 Nagashima, Aomori-shi 030-8570 Tel: 017-734-9130

### **Aomori Prefecture Tokyo Office**

Todofuken Kaikan 7 Fl, 2-6-3 Hirakawa-cho, Chiyoda-ku, Tokyo 102-0093 Tel: 03-5212-9113

### **Accommodations**

Aomori Prefecture Ryokan and Hotel Sanitary Association

Aomori Prefecture Minshuku Association http://www.aominren.jp

### **Emergency medical and medical services.** and public health centers

### **Major Hospitals**

Aomori Prefectural Central Hospital (**)	017-726-8111
Aomori Prefectural Tsukushigaoka Hospital	017-787-2121
Aomori Shimin Hospital	017-734-2171
Hirosaki National Hospital	0172-32-4311
Hirosaki University School of Medicine and Hospital (**)	0172-33-5111
Hirosaki Municipal Hospital	0172-34-3211
Aomori Rosai Hospital (**)	0178-33-1551
Hachinohe National Hospital	0178-45-6111
Hachinohe Red Cross Hospital	0178-27-3111
Hachinohe Shimin Hospital (**)	0178-72-5111
Kuroishi City General Hospital (**)	0172-52-2121
Tsugaru Seihokugo Region Union Tsugaru General Hospital	0173-35-3111
Misawa City Hospital	0176-53-2161
Towada City Chuo Hospital	0176-23-5121
Mutsu General Hospital (**)	0175-22-2111
Sotogahama Central Hospital	0174-22-3450
Hokubu-Kamikita Noheji Public Hospital	0175-64-3211
Hirakawa City Hospital	0172-44-3101
Kanagi Public Hospital	0173-53-3111
Shichinohe Public Hospital	0176-62-2105
Emergency Medical Service	

### Aomori City Emergency Medical Center

Hirosaki City Emergency Medical Clinic	0172-34-113
Hachinohe City Emergency Medical Clinic for Holidays and Night Time	0178-22-2277

### **Public Health Center**

Anmori City Public Health Center

Author Gity Fublic Health Center	017-700-0260
(Aomori City)	
East Region Public Health Center	017-739-5421
(Aomori City, Hiranai Town, Sotogahama Town, Imabetsu Town, and Yomogita To	own)
Hirosaki Public Health Center	0172-33-8521
(Hirosaki City, Kuroishi City, Hirakawa City, Fujisaki Town, Owani Town, Inakadate Village, Nishimeya Village, and Itayanagi Town)	
Hachinohe Public Health Center	0178-27-5111
(Hachinohe City, Sannohe Town, Gonohe Town, Takko Town, Nanbu Town, Hashikami Town, Singo Village, and Oirase Town)	
Kamitosan Public Health Center	0176-23-4261
(Towada City, Misawa City, Noheji Town, Shichinohe Town, Rokunohe Town, Yokohama Town, Tohoku Town, and Rokkasho Village)	

\*Medical service institutes selected as "medical institutes that can accept overseas tourists"by the Japan Tourism Agency.

## (Osaka Joint Office for Three Prefectures in Kitatohoku)

Tel: 06-6341-2184

## **Aomori Prefecture Nagoya Information Center**

0175-24-1231 Mutsu Public Health Center (Mutsu City, Oma Town, Higashidori Village, Kazamaura Village Goshogawara Public Health Center 0173-34-2108

### Information on sightseeing of Aomori Prefecture's municipalities

	Names of municipalities	Division in charge	Inquiries
City	Aomori City	Tourism Promotion Div.	017-734-5175
	Hirosaki City	International Tourism Div.	0172-40-7017
	Hachinohe City	Tourism Div.	0178-43-2135
	Kuroishi City	Commerce and Tourism Div.	0172-52-2111
	Goshogawara City	Tourism and Commodity Div.	0173-35-2111
	Towada City	Tourism Promotion Div.	0176-23-5111
	Misawa City	Tourism and Commodity Div.	0176-53-5111
	Mutsu City	Tourism Rehabilitation Div.	0175-22-1111
	Tsugaru City	Commerce and Tourism Div.	0173-42-2111
	Hirakawa City	Commerce and Tourism Div.	0172-44-1111
Higashi-Tsugaru County	Hiranai Town	Fisheries, Commerce and Tourism Div.	017-755-2118
	lmabetsu Town	Planning Div.	0174-35-2001
	Yomogita Village	General Administration Div.	0174-27-2111
	Sotogahama Town	Industry and Construction Div.	0174-31-1228
Nishi-Tsugaru County	Ajigasawa Town	Tourism and Commerce Div.	0173-72-2111
	Fukaura Town	Tourism Div.	0173-74-2111
Naka-Tsugaru County	Nishimeya Village	Industry Div.	0172-85-2111
Minami-Tsugaru County	Fujisaki Town	Planning and Financing Div.	0172-75-3111
	Owani Town	Planning and Tourism Div.	0172-48-2111
	Inakadate Village	IPlanning and Tourism Div.	0172-58-2111
Kita-Tsugaru County	Itayanagi Town	Industry Promotion Div.	0172-73-2111
	Tsuruta Town	Industry and Tourism Div.	0173-22-2111
	Nakadomari Town	Fisheries and Tourism Div.	0173-57-2111
Kamikita County	Noheji Town	Regional Strategy Div.	0175-64-2111
	Shichinohe Town	Commerce and Tourism Div.	0176-62-2137
	Rokunohe Town	Industry Div.	0176-55-3111
	Yokohama Town	Industry Promotion Div	0175-78-2111
	Tohoku Town	Commerce and Tourism Div.	0176-56-4148
	Rokkasho Village	Commerce and Tourism Div.	0175-72-2111
	Oirase Town	Commerce and Tourism Div.	0178-56-4703
Shimokita County	Oma Town	Industry Promotion Div.	0175-37-2111
	Higashidori Village	Management Planning Div.	0175-27-2111
	Kazamaura Village	Industry and Construction Div.	0175-35-2111
	Sai Village	General Strategy Div.	0175-38-2111
Sannohe County	Sannohe Town	General Administration Div.	0179-20-1111
	Gonohe Town	Planning and Promotion Div.	0178-62-2111
			0179-20-7114
	Takko Town	Industry Promotion Div.	0170207111
	Takko Town Nanbu Town	Commerce, Tourism and Exchange Div.	

## **Aomori Prefecture Osaka Information Center**

Osaka Ekimae First Bldg. 9 Fl, 1-3-1-900 Umeda, Kita-ku, Osaka-shi 530-0001

## (Nagoya Joint Office for Three Prefectures in Kitatohoku)

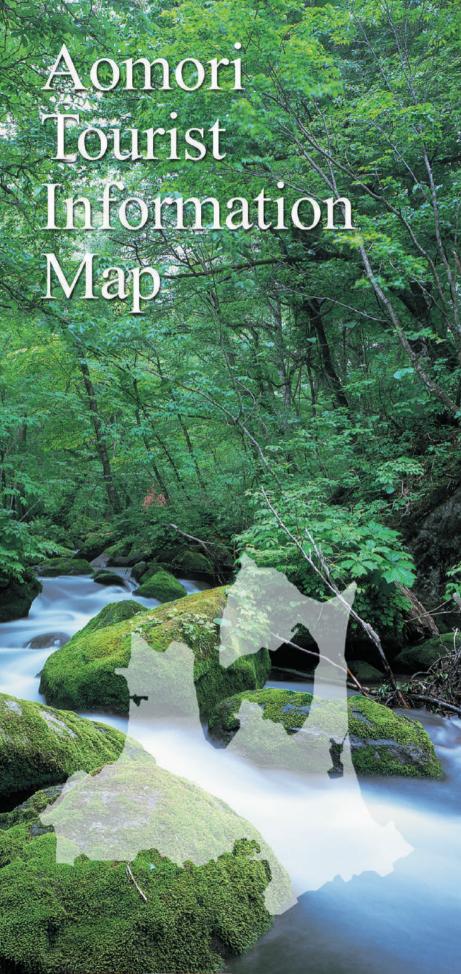
Chubu Nippon Bldg. 4 Fl, 4-1-1 Sakae, Naka-ku, Nagoya-shi 460-0008 Tel: 052-252-2412

**Aomori Prefecture Fukuoka Information Center** (Fukuoka Joint Office for Three Prefectures in Kitatohoku) Sumitomo Seimei Fukuoka Bldg. 1 Fl, Michinoku-Yume Plaza 2-8-34 Tenjin, Chuo-ku, Fukuoka-shi 810-0001

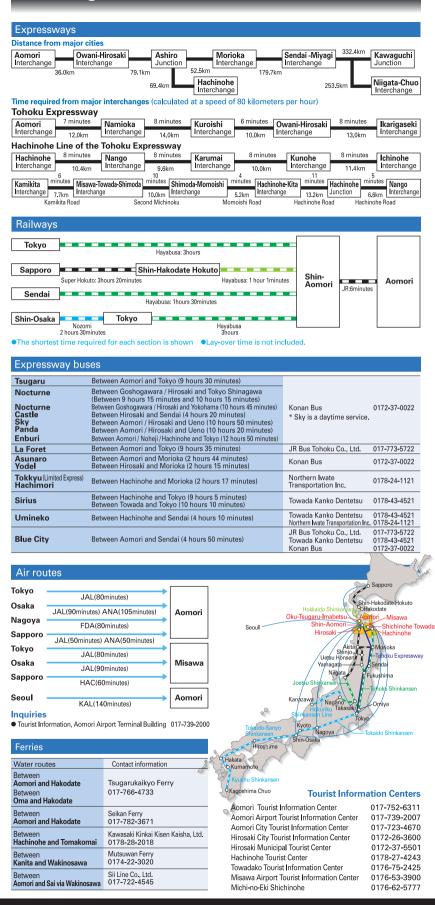
Tel: 092-736-1129

For more information on Aomori Prefecture, please visit the following website: APTI NET http://apti.net.pref.aomori.jp/

017-773-6477

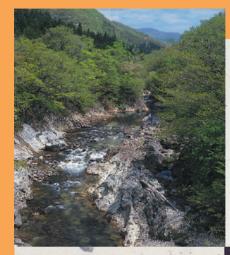


### Access guide



You will be surrounded with the magnificent ocean and beautiful flowers in full bloom.

### Shimokita Peninsula Area



## Kawauchigawa Valley

(Mutsu City) [Map B-5]

Kawauchigawa is the most affluent river in the Shimokita Peninsula, A 4,4-kilometer walking trail is maintained, and visitors can enjoy a variety of beautiful valley sites, such as shoals, pools and falls,

### Yagen Gorge

(Mutsu City) [Map A-6]

A walking trail along the green valley is this area's attraction. The Yagen hot spring and a virgin hiba forest are located in the vicinity, and visitors can enjoy an outdoor hot spring bath in the Oku-Yagen hot spring.



### (Yokohama Town) [Map C-6]

Yokohama Town has the largest rape blossom field in Japan. Every year, the Rape Blossom Festival is held on the third Sunday of May.

Rape Blossom Festival

### Osorezan

(Mt. Osore) (Mutsu City)

[Map B-6]

Osorezan is one of the three major holy sites in Japan and Lake Usori is surrounded with eight sommas, The Osorezan Grand Festival is held in July and an autumn pilgrimage to Osorezan is made at the beginning of October.



(horses which stand through the cold) (Higashidori Village) [Map A-7]

The breeding of Kandachime for military purposes dates back to the clan period. They are put out to graze around Cape Shiriya. Their courageous survival through the severe winters really moves visitors.



## Cape Shiriya (Higashidori Village)

[Map A-7]

This region has been designated as the Shimokita Peninsula Quasi-National Park since 1968, and the Cape Shiriya Lighthouse, which started to operate in 1901 as the first electric lighthouse in Japan and is the symbol of the park, was chosen as one of the "50 best lighthou-

### Cape Oma (Oma Town)

[Map A-5]

land of Honshu, jutting out into the Tsugaru Straits. Also known for being an excellent spot for single-hook tuna fishing, the port is full of life as a gateway to northern Japan and also serves as a stage for movies and TV programs.



Fresh seafood including tuna in Oma is a specialty of the Shimokita Peninsula, which is surrounded on three sides by water.









Hotokegaura

[Map B-5]



Watching the sun set over the sea,

your body and soul will be relaxed.

Hirosaki, South Tsugaru, West Coast Area





### Kuroishi hot springs

[Map E-4]

With a history of more than 400 years, Kuroishi is popular among many customers as an area of hot springs. Nationally-known Tsugaru Kokeshi dolls originated



## Lake Juni (Fukaura Town)

Lake Juni is actually a collection of 33 lakes and ponds that are scattered in the western part of the World Natural Heritage Site "Shirakami-Sanchi." The shining surface of Aoike (Blue Pond) is especially beautiful, as if blue ink has been dissolved in the water. Visitors can also enjoy taking a walk in a virgin beech

This is a famous outdoor bath, representative of the

Tohoku area, on the shoreline of the Sea of Japan.

People can bathe either in a mixed bath or a female

bath, and can enjoy watching the sun sinking in the

### Cherry Blossoms in Hirosaki Park [Hana-Ikada]

(Hirosaki City) [Map E-3]

Hirosaki Park is one of the major cherry blossom-viewing spots in Japan. In spring, about 2,600 cherry trees bloom, and create captivating and beautiful scenery with the castle tower, three turrets, five castle gates and triple moats. The photo shows cherry blossom petals creating what is known as Hana-Ikada (translating literally as "flower rafts"), carpeting the water surface of the moat.



Sea of Japan and the sun going be-

low the horizon.

dynamic ocean.



Anmon Falls

(Nishimeya Village)

### Kenoshiru

radishes), carrots, all kinds of edible wild plants, frozen and dried tofu and deep-fried tofu puffs are simmered, and it is seasoned with miso (soybean paste). It is a local dish in Tsugaru and people start to eat it little by lit-















The Anmon Falls is a collective term for three falls

with a head drop of 26 meters, 37 meters, and 42

meters, respectively. The Anmon Falls is one of

the most famous scenic spots in the Shirakami-

Sanchi. The clear water spilling out of the beech

forest and flowing through the area should not be





Aomori, Hakkoda, Oirase, Lake Towada Area

### **Aomori Art Museum** (Aomori City)

At the permanent exhibition hall, there are works by At the permanent exhibition half, there are works by artists from Aomori on display. Starting with the fine arts, the museum aims to transmit to the world Aomori's arts culture which is active in developing several cultural and artistic activities and projects. One of the most popular works in the museum is Yoshitomo Nara's "Aomori-Ken."



### Sannai-Maruyama Site (Aomori City)

[Map D-4]

The Sannai-Maruyama Site is one of Japan's largest archeological sites from the early-to mid-Jomon period (from approximately 5,500 to 4,000 years age). It is nationally designated as a special historic site and many excavated articles are on display.

### **Nebuta Festival**

(Aomori City) [Map D-4]

The Aomori Nebuta Festival is one of the representative festivals of Japan. It is an energetic festival held in the summer in Aomori,



### Lake Towada Winter Stories Festival

(Towada City) [Map F-5]

Fireworks launched into the clear winter sky create a fantastic world. Various events are held, including the live performance of the Tsugaru Shamisen.



### Oirase Gorge (Towada City)

Lake Towada (Towada City) [Map F-5]

sulas jutting out. V ery all year round,

Lake Towada is a double caldera lake with a scatter-ing of large and small islands, including two penin-sulas jutting out. Visitors can enjoy beautiful scen-

ially during the season of

[Map F-5]

The beauty of this 14-kilomter gorge is endless, scattered with its many scenic spots including characteristic mountain streams and waterfalls. It is especially pleasant to take a walk during the season of new green leaves, or autumn leaves.



## Mt. Hakkoda

(Aomori City) [Map E-5]

The highest summit is 1584.4 meters above sea level. Mt. Hakkoda is a mine of swamps and alpine plants, and visitors can enjoy a majestic landscape from the ropeway throughout the four seasons, such as new green leaves, autumn leaves and rime on trees in winter.

















The history of the Jomon period is reviving. Enjoy the romantic old days.

Hachinohe, Towada, Misawa

Sanriku Reconstruction National

Designated as the Sanriku Reconstruction National Park on

May 24th, 2013, the park stretches 12km and is considered a

rare coastal area in Japan due to a large expanse of green

stretching all the way to the beaches. The park was chosen

as one of Japan's 100 best scenic beaches, and in 2002 it

was recognized as one of Japan's 100 best scenic walkways.

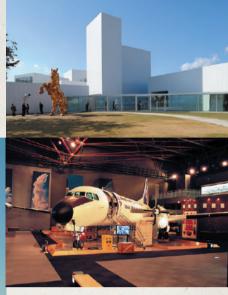
Beautiful coastal flora are in bloom from Spring to Fall.

Park, Tanesashi Coast

[Map F-8]

### **Towada Municipal** Museum of Modern Art

The Towada Municipal Museum of Modern Art features works by 21 Japanese and international artists depicting scenes inspired by people's everyday lives in cities and within nature. Built under the concept of "a house for the purpose of art," it is worth seeing the atmosphere created by the architecture of these buildings and the works they



### Misawa Aviation & Science Museum

(Misawa City) [Map E-7]

The Misawa Aviation & Science Museum displays a replica aircraft of the Miss Veedle, which completed the world's first nonstop flight across the Pacific Ocean, and YS-11, the first domestically produced transportation aircraft after the war. Visitors of all ages can enjoy this museum.

### Miroku Yokocho

[Map F-7]

This is a new sightseeing spot in Hachinohe, in which a row of food stalls that provide a variety of menus remind us of the atmosphere of the 50s and 60s with retro-flavored name boards and ap-

## (Hachinohe City)

nearances



(Nanbu Town) [Map G-7]

Hokoji Temple, which is said to have been established since the Kamakura Period (from approximately 800 years age), is one of the most famous temples of the Soto Zen School in the Tohoku area. There is also the tallest three-story pagoda in Japan and the Senbonmatsu over 600 years old, which was chosen as one of the 100 best pine trees in Japan.

### Tapukopu Soyu Village (Takko Town)

[Map G-6]

This village is a hands-on experience-based facility in which the landscape of old farming villages with a row of "Nambu Magari-ya (Nambu L-shaped farmers' houses)," thatch-roofed traditionally buildings, are recreated. Visitors can also enjoy making ceramics.

### Clay figure joining its hands in prayer (Hachinohe City) [Map F-7]

963 relics that date back to the latter half of the late Jomon period (from approximately 3,500 years age), excavated from the Kazahari Site in Hachi-

nohe City, were designated as important cultural as-. sets by the national government. Among them, only the "Gassyo Dogu (clay figure joining its hands in prayer) was designated as a national treasure in 2009 as a precious material of the Jomon site, partly because in Japan there is no other seated clay figure joining its hands in near-perfect condition.



Collection of Hachinohe City

### Senbeijiru

Senbeijiru is a local dish that represents the southeast area of Aomori.

Especially-toasted rice crackers for soup and vegetables are put into stock made of mackerels and seaweed.





Experience for yourself how a novelist born in Tsugaru felt about his fond hometown.

Tsugaru Peninsula Area



History of the Tsugaru Shamisen, Tsugaru

folk music and local performing arts are pre-

sented in an exhibition room. Visitors can en-

joy the live performance of the Tsugaru Shamisen every day. A tourist information

Osamu Dazai Museum

This is the birthplace of Osamu Dazai, the

most prominent writer born in Tsugaru. The

adjacent warehouse is used as an exhibition

room in which valuable materials, such as his

manuscripts and favorite cloak, are displayed.

Tsugaru Shamisen

**Tourist Hall** 

[Map D-3]

(Goshogawara City)

video is also screened.

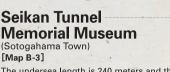
"Shayo-kan"

(Goshogawara City)

[Map D-3]

### Seikan Tunnel Memorial Museum

The undersea length is 240 meters and the total cable car ride.



length is 53.85 kilometers. This museum commemorates the completion of the world's largest undersea tunnel, the "Seikan Tunnel." The whole picture of the tunnel is presented and visitors can see a part of the tunnel by taking a



[Map E-3]

Made with top-grade Aomori Hiba lumber, 300meter long Tsuru-no-Mai Bridge is the longest triple arch wooden bridge in Japan. Spanning Tsugaru Fujimi Lake and boasting a view of Mt. lwaki in the background, this popular tourist attraction looks like a crane flying into the sky.



## Tsuru-no-Mai Bridge

(Tsuruta Town)



In 1996, volunteers in Goshogawara City restored giant float figures called Tachineputa based on old photos of Neputa (giant lanterns). A town procession of heroic Tachineputa of 23 meters in height is nothing but overwhelming. Visitors can enjoy watching these figures at the 'Tachineputa no Yakata (Tachineputa Museum)' all year round.

Goshogawara

Tachineputa

(Goshogawara City)



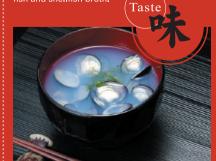
## Shijimijiru

(corbiculae soup)

Lake Jusan, a brackish lake that consists of seawater and fresh water is nationally famous as a mine of corbicula japonica. The seashells are rich in nutrients and the taste is unbelievably deep. They are flavored with fish and shellfish broth.

With winds up to 10m or more year-round and a favorable view of Hokkaido on a clear day, Cape Tappi is located at the northern end of

sugaru Peninsula. It is visited by many litpeople and famous personalities.





### **Stove Train** of Tsugaru Railwa

(between Goshogawara Station and Nakasato Station)

The Stove Train has been in service since 1940. With an atmospheric coal potbelly stove inside, it has a nostalgic atmosphere with wooden window frames and floors. It makes two round trips a day from December to March.